

## **Jon G. Allen, PhD**

Jon G. Allen holds the Helen Malsin Palley Chair in Mental Health Research and is Professor of Psychiatry in the Menninger Department of Psychiatry and Behavioral Sciences at the Baylor College of Medicine and a Senior Staff Psychologist in The Menninger Clinic. Dr. Allen received his B.A. degree in psychology at the University of Connecticut and his Ph.D. degree in clinical psychology at the University of Rochester. He completed postdoctoral training in clinical psychology at The Menninger Clinic. He conducts psychotherapy, diagnostic psychological testing, consultations, psychoeducational programs, and research, specializing in trauma-related disorders and depression. He has taught and supervised students at the University of Rochester, Northern Illinois University, the University of Kansas, Kansas State University, and Washburn University of Topeka. He is past editor of the *Bulletin of the Menninger Clinic*, associate editor of the *Journal of Trauma and Dissociation*, a member of the editorial board of *Psychiatry*, and serves as a reviewer for several professional journals and book publishers. He is the author of *Coping with Trauma: Hope through Understanding* and *Coping with Depression: From Catch-22 to Hope* published by American Psychiatric Publishing, Inc. He is also author of *Traumatic Relationships and Serious Mental Disorders*, published by John Wiley and Sons, and coauthor (with Lisa Lewis and Kay Kelly) of and *Restoring Hope and Trust: An Illustrated Guide to Mastering Trauma*, published by the Sidran Institute. He is also coauthor (with Leonard Horwitz, Glen Gabbard, and colleagues) of *Borderline Personality Disorder: Tailoring the Therapy to the Patient* and coeditor (with William Smith) of *Diagnosis and Treatment of Dissociative Disorders* and (with Dean Collins) of *Contemporary Treatment of Psychosis: Healing Relationships in the 'Decade of the Brain*. He is also coeditor with Peter Fonagy of the *Handbook of Mentalization-Based Treatment*, published by Wiley and coauthor (with Peter Fonagy and Anthony Bateman) of *Mentalizing in Clinical Practice*, forthcoming from American Psychiatric Publishing. He has authored and coauthored numerous professional articles and book chapters on trauma-related problems, depression, psychotherapy, hospital treatment, the therapeutic alliance, psychological testing, neuropsychology, and emotion. He is also a jazz pianist and composer.